

Samaria Stovall, MA, LPC, NCC

Licensed Professional Counselor (Colorado) | National Certified Counselor
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PROFESSIONAL SUMMARY

Licensed Professional Counselor with expertise in school-based mental health, group psychotherapy, and program development within integrated care settings. Experienced in delivering evidence-based interventions, designing innovative therapeutic programming, and contributing to research-informed mental health models. Strong background in youth mental health, systems collaboration, and clinical training.

EDUCATION

Master of Arts, Clinical Mental Health Counseling – December 2023
Colorado Christian University | GPA: 4.00

Bachelor of Arts, Psychology – December 2020
Bachelor of Arts, Sociology – December 2020
University of Colorado Denver | GPA: 3.675 | Cum Laude

Honors Thesis: *The Development of Children's Resilience: Relations Between Parent and Child Response Styles*
Thesis Advisor: Dr. Katherine Casillas

LICENSURE & CERTIFICATIONS

Licensed Professional Counselor (LPC), Colorado
National Certified Counselor (NCC)

CLINICAL EXPERIENCE

Behavioral Health Clinician | Traverse Academy | Jan 2024 – Present

- Provide individual and group counseling to secondary students within a blended school–mental health model
- Designed and implemented exposure-based group interventions targeting anxiety and avoidance
- Serve as primary mental health provider for a student caseload, collaborating with educators and administrators
- Contribute to research and program design for a first-of-its-kind integrated mental health school model

Behavioral Health Specialist | Children's Hospital Colorado | Aug 2021 – Nov 2023

- Delivered therapeutic groups in a Partial Hospitalization Program for youth ages 6–18

- Taught coping skills, emotional regulation, communication, and sleep hygiene
- Provided 1:1 patient support and crisis stabilization using evidence-based techniques

Counseling Intern | Denver Rescue Mission | Aug 2022 – Jun 2023

- Provided individual counseling to adult men experiencing homelessness and substance use concerns
- Utilized CBT-informed and person-centered approaches under licensed supervision

PROGRAM DEVELOPMENT & RESEARCH EXPERIENCE

Program Coordinator Assistant | SafeCare Colorado, Children's Hospital Colorado | Dec 2019 – Mar 2021

- Synthesized research to support parent education providers
- Designed a child development toolkit to enhance evidence-informed caregiving practices

Research & Curriculum Assistant | SafeCare Colorado | 2017–2018

- Assisted with curriculum development for child abuse and neglect prevention programming
- Supported undergraduate research initiatives

PROFESSIONAL DEVELOPMENT

Clinical Supervision I–III (45 CEUs) | Noeticus Counseling Center and Training Institute | 2025
Clinical orientation includes CBT-informed, transdiagnostic, exposure-based, and strengths-oriented approaches.

PUBLICATIONS

Stovall, S., et al. (2024). *Pilot Acceptability and Evaluation of a Transdiagnostic, Cognitive-Behavioral Intervention Adapted for Acute Mental Health Settings*. **Behavior Therapy**.
<https://doi.org/10.1016/j.beth.2023.11.002>

SELECTED PRESENTATIONS

- National Black Catholic Conference XIII (2025) – Youth engagement and mental health
- National Black Doctoral Network Conference (2020) – Honors thesis poster
- University of Colorado Depression Center (2019) – Youth stress and anxiety education

COMMUNITY ENGAGEMENT & LEADERSHIP

Colorado Symphony Community Education Committee | 2025–Present
Curé D'Ars Church Youth Ministry | 2025–Present
Crisis Text Line – Crisis Counselor | 2021–2023 (200+ hours)